RNFornation



Fresno State School of Nursing Fall 2023





2023- 2024 CNSA BOD

Top Row (left to right): Jake Esquivel, Regina Rivera, Muskaan Nijjar, Chizobam Allison, Nathan Liang, John Stevens Bottom Row (left to right): Kaitlin Yang, Jasmine Kamimoto, Lucy Sip, Ngan Au, Lea Hernandez, Ciara Arriola

"There will be obstacles. There will be doubters. There will be mistakes. But with hard work, there are no limits."

-Michael Phelps

Table of Contents

Messages - p. 2-3

Highlights-p. 4-7

Fall '23 Graduates- p. 8

Why CNSA?- p.9

Thank You-p. 10

Message from the President



Dear Readers,

As we approach the year's end, amidst the festive preparations, nursing students like us are diligently gearing up for finals. Best of luck to each one of you, as success in these exams propels us forward in our nursing careers. Post-finals, take a well-deserved break to unwind from the rigors of the program.

During this break, take a moment to reflect on your remarkable journey. Recall that nerve-wracking first day at McLane Hall 280 for nursing orientation. Consider that challenging prerequisite class, once a source of anxiety about achieving an A. Delve deeper into your past – the job you held, the path you were on before nursing. How has your perspective on life transformed from then to now? Ponder the hurdles you've conquered to reach your current position. Celebrate your achievements, recognizing that out of hundreds of applicants, you stood out among the top 60. Whether you were an alternate or your scores weren't the highest – you're here, actively pursuing your nursing dreams.

Certainly, the nursing program presents its share of challenges, moments of feeling unprepared or overwhelmed, and instances of disappointment. It's part of the learning process. Reflect on these moments of failure and how each setback became a stepping stone to success. Embrace the growth that comes from overcoming adversity. Failure, after all, paves the way for achievement.

From your initial application to now, acknowledge the substantial personal growth you've undergone. Take pride in the journey, recognizing the effort invested, the faults owned, and the constant learning about both nursing and yourself. Through the semesters, from 1st to 5th, you not only acquire nursing knowledge but also witness personal development.

To our CNSA BOD, heartfelt thanks for being part of our nursing journey. Your contributions, from organizing meetings to social and educational events, have enriched our experience. Special appreciation to those engaged in community service, blood donation, and other events – your efforts are truly valued. Gratitude extends to our donors and merchandise buyers for contributing to our success this semester.

Congratulations to Kaitlin Yang, Regina Rivera, and Nathan Liang for their roles as officers for the state board of directors of CNSA, a first for our program. They are sure to represent us with distinction.

As we venture into the next semester or for those moving on to a new chapter as nurses, I'd like to say good luck to everyone. May the journey ahead be fulfilling and successful. Here's to the best for all of us!

John Stevens

President

A Message to You



As the fall semester comes to an end, I would first like to congratulate the graduating Fall 2023 cohort! Through the ups and downs, you have made it and I wish you the best of luck in whatever you decide to do in the world of nursing! I would also like to congratulate all of you for getting through another semester of nursing school. It is no easy feat and while each semester comes with its own trials, tribulations, and challenges I hope you can look back on this semester and be proud of your accomplishments, big or small. You are doing it, you are becoming a nurse!

Going into this winter break, I hope everyone is able to enjoy some time with their family, friends, and loved ones and you can take some time to do the things you love! A book that has been sitting on your shelf, a movie that you have been dying to watch, or maybe just a well-deserved nap, I hope you find this time to be rejuvenating for you before heading into another semester. I look forward to seeing everyone again this spring and stay safe this break!

Jasmine Kamimoto
Publications and Apparel Director





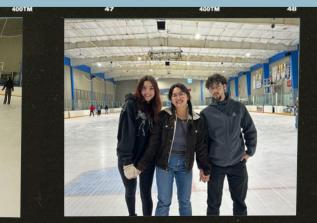
















FALL 2025 BOOTCAMP



CONGRATULATIONS Class of Fall 2023



Wishing you the best of luck and endless success as you enter this next chapter of your lives as nurses!

Why CNSA?



- ScholarshipOpportunities
- Graduation Cords
- Discounts on School Supplies
- Community Outreach
- Discounts on NCLEX Review
- LeadershipDevelopment

Thank you to all of our donors, sponsors, advisors, and members for a great Fall Semester! We appreciate your endless support through fundraisers and events and look forward to seeing you next semester!